

Gladys Taylor McGarey, M.D.

The Choice for Pregnancy



The soul coming in is a conscious human being, and as such, has choices. These are choices made at a soul level.

When I was practicing medicine, my greatest joy came from working with pregnant women and delivering their babies. However, it was after I became deeply involved in the Edgar Cayce material that I truly began to understand the significance of the work that I was doing. Nothing in my training in the field of medicine had taught me anything about the body-mind-spirit connection and/or the spirit awakening its own reality within the body.

The Cayce material opened up dimensions of understanding that are truly profound. In reading 457-10 the question was asked, "Does the soul enter the child at conception or birth or in between?" The answer is, "It may at the first moment of breath; it may some hours before birth; it may many hours after birth. This depends upon that condition, that environ surrounding the circumstance."

In reading 281-53, "Then, with the first breath of the infant there comes into being in the flesh a soul that has been attracted, that has been called for, by all the influences and activities that have gone to make up the process throughout the period of gestation."

In reading 826-2, "Here we have a variation in the physical birth and the soul birth, of some hours."

As I have studied this material and worked with patients for many years, what I have come to understand is that at conception there may be several souls which are attracted and influencing the developing fetus. As pregnancy progresses, the souls who are planning to enter this earthly plane hover around and influence what is happening during the entire pregnancy.

Then, either at the first breath or after the first breath, the soul enters the body. In my book *Born to Live*, I give repeated examples of patient histories validating this concept.

So what we're really talking about is the consciousness of the soul, which has evolved to the point where, at conception, that soul may be attracted to the developing physical structure. This then gives us a completely different approach to the very real problem of abortion.

For many years I've struggled with the issue of abortion. I had patients whose circumstances were completely different from mine and I could not interfere with their choices, but was called upon to support them through this difficult time. In the mid-1970s a patient told me a story, which

helped me understand what Cayce was talking about. She was having lunch with her four-year-old daughter and the little girl said to her, "Last time when you were my mommy your name was ___ and you talked like this." The mother wrote that down, but lost the paper. After that, however, the little four-year-old said something very important. She said, "But that wasn't the last time. Last time when I was four inches long and I was in your tummy, Daddy wasn't ready to marry you yet, so I went away, but I came back." When I heard that story, a whole new vista of awareness opened up to me. I realized that the soul coming in is a conscious human being, and as such, has choices and these choices are real even before the conscious mind knows that it is making choices. These are choices made at a soul level.

After hearing that story, my approach to pregnant women who were considering abortion changed completely. I now ask the woman to write down what she is thinking – all the reasons why she should have the abortion and all the reasons why she should not – and then make the best possible decision, pray about it, and ask for a dream or some guidance. If her decision is to have the abortion, then I suggest she talk to the baby, tell the baby that this is not the right time or circumstance; this wouldn't be good for her; wouldn't be good for the mother, whatever the reasons are she has identified. Then let the baby know so the baby understands she is not being rejected; that it's an act of love, not an act of hate; that it is allowing for soul growth.

Time after time, in my experience and in the experience of other doctors who have understood this "fact of life," the pregnancy aborts spontaneously. It's as if the child is saying, "Oh, I understand – it's OK." Just last year, a friend of mine who is a counselor in a local high school, had a 16-year-old student who was pregnant by gang rape. The girl was totally devastated, but had said that she would never have an abortion. My friend talked to her and gave her my book, *Born To Live*, and suggested that she communicate with the baby. The young girl had an uncomplicated spontaneous abortion at about three months. In cases where the abortion does not happen spontaneously, but the mother has worked through this process, she does not carry the guilt and the shame. Not that there isn't pain and separation that goes with it, not that it isn't a difficult decision to make, but it is a conscious decision which she has thought through, prayed about, and worked with, so it is not a bad thing and not done out of fear or hate, but out of love.

Gladys Taylor McGarey, M.D., M.D.(H), a pioneer in holistic medicine, and study group member since 1957, uses Cayce concepts in her consulting practice in Living Medicine.