

GLADYS MCGAREY, MD, MD(H) *One Sheet*



THE MOTHER OF HOLISTIC MEDICINE



FOR SPEAKING REQUESTS PLEASE CONTACT:

The Foundation for Living Medicine

4848 E. Cactus Road

Suite 505-506

Scottsdale, AZ 85254 USA

Phone: 011-480-946-4544

Rose@theFoundationForLivingMedicine.org

Website: www.TheFoundationForLivingMedicine.org

4848 EAST CACTUS ROAD SUITE 505-506 SCOTTSDALE, AZ 85254 TEL: 480.946.4544
ROSE@THE FOUNDATIOFORLIVINGMEDICINE.ORG

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“What we really need instead of killing medicine is living medicine.”

Dr. Gladys Taylor McGarey

Biographical

Professional Positions and Awards

Gladys Taylor McGarey, M.D., M.D.(H) is a pioneer.

Dr. Gladys, as she is affectionately known, is a trailblazer and game changing physician who has dedicated her career to changing the face of modern medicine. From her colorful upbringing in exotic 1920s India, through a lifetime of inspiring adventures, to her harrowing medical mission to Afghanistan at age 85, Dr. Gladys has dedicated her life to shifting medical paradigms and bringing the concept of holistic and integrative medicine to the masses. Dr. Gladys co-founded the American Holistic Medical Association in 1977. She is internationally recognized for her pioneering work, not only in holistic medicine, but her impact is also evident in the areas of natural birthing and the physician-patient partnership.

The Foundation for Living Medicine was created from the visionary life of Dr. Gladys McGarey. The Mission of the Foundation is to create a healthier world by transforming the current medical model that focuses on disease to one that focuses on the individual's well-being and the wholeness of life. Living Medicine fosters a well-informed physician-patient relationship by recognizing the physician within each one of us, our own capacity to heal and to further age into health, regardless of current age and health status.

As a keynote speaker for the Medical Community, Healthcare Industry, Holistic/Integrated Movement, Dr. Gladys' professional, motivational and inspirational speaking career has already bridged four decades. She continues to connect with the current healthcare concerns and trends while sharing the platform with other medical notables, Andrew Weil, Deepak Chopra, Wayne Dyer, Elizabeth Kubler-Ross and Christine Northrup.

Dr. Gladys is an inductee of the Arizona Women's Hall of Fame. She was recognized by the Maricopa County Medical Society with an article about her, as well as placement on the November 2016 front cover of their magazine, Round-Up.

- Co-Founder, the American Holistic Medical Association and Past President
- Pioneered Fathers in the Delivery Room
- Co-Founder, the Academy of Parapsychology and Medicine
- Arizona Board of Homeopathic Medical Examiners, Past President
- Created only A.R.E. Clinic, based on the work of Edgar Cayce
- First to utilize acupuncture in the US and trained other physicians how to use it
- Arizona Women's Hall of Fame inductee, 2017
- Taught safer birthing practices to rural women in Afghanistan, resulting in a 47% decrease in infant and small child mortality
- Humanities award for Outstanding Service to Mankind, from the national Committee for the Advancement of Parapsychology and Medicine
- YWCA Tribute to Women Award in the healer category
- David Stackhouse Award for pioneering excellence in homeopathy
- Lifetime Achievement Award, Academy of Integrated Health and Medicine (AIHM) 2015
- Lifetime Achievement Award, Healthcare Heroes, Phoenix Business Journal 2015
- Visiting Professor, Mayo Clinic Complementary and Integrative Medicine, 2014, Scottsdale, Arizona



“Dr. Gladys' standing ovation from the 300 people attending the Secret Knock conference in San Diego added so much to the meaning and success of our conference. We have invited Dr. Gladys over and over again, and she delivers beyond all of our expectations every single time.”

Greg S. Reid, founder, Secret Knock, best-selling author